Press Release From Sarathi 1.0

Namchi, 6 November : Sarathi 1.0(Supported By Titan Company Limited) successfully conducted a one-day batch 2 teachers training programme in Namchi District, bringing together 41 teachers from 23 Secondary and Senior Secondary Schools (SS & SSS).

The programme aimed to strengthen school-level efforts towards an addiction-free and mentally healthy Sikkim. This initiative aligns with the vision of the Hon'ble Chief Minister Prem Singh Tamang (Golay) to build an addiction-free and mentally healthy society, under the guidance of Shri Rohit Raj Maharaj, Advisor to HCM and Chief Resource Person of Sarathi 1.0.

The programme commenced with the MC session and welcome address by District Coordinator Mrs Anzila, followed by Project Director Shri Bishal Sharma, who introduced the initiative and facilitated interactive discussions on substance abuse and addiction among students and teachers. Educators also shared challenges concerning student behaviour, discipline, child protection rights and the evolving complexities of managing today's generation of learners.

Following the lunch session, Dr Subham Peter Gazmer, PhD in Music with specialisation in Sitar, enriched the programme with a musical presentation.

The District Coordinator subsequently shared successful activities undertaken by previously trained Sarathi Clubs, encouraging participating schools to adopt similar initiatives.

The Project Director then elaborated on Sarathi 1.0's objectives, guiding principles and achievements, while also highlighting various government schemes and welfare initiatives accessible to students and the public.

The programme concluded with the distribution of certificates and Sarathi Club banners, reinforcing the commitment of participating schools to carry the initiative forward and foster safer, healthier and more supportive learning environments